

# Pittyvaich

## Parklands Care Home- Inverness, Scotland

Helping to address the increasing demand for care home provision in the Highlands, the brand-new Parklands care home features 58 en-suite bedrooms spread across 2 floors, complimented by several dining rooms, lounges, activity rooms, café and on-site hairdresser. Working alongside Capstone Construction, we were appointed to deliver a comprehensive MEP (Mechanical, Electrical, and Plumbing) solution for the entire facility.

### The Works

- Sanitaryware appliances with domestic water and above ground drainage systems to suit.
- Radiators providing heat throughout the building, served by a large Combined Heat & Power (CHP) unit.
- Whole building ventilation system including local fans to en-suite and welfare areas, with MVHR systems serving communal areas.
- Air conditioning system.
- Fire suppression sprinkler system serving the entire building.
- Tridium automatic BMS controls.
- Incoming 400A LV supply to feed the main distribution board, serving thirteen sub-main boards via armoured cables.
- A network of containment consisting of trunking, cable trays and cable baskets.
- Energy saving LED recessed and surface-mounted light fittings, with PIR sensors and two-way switching.
- Data system with CAT 6 cabling and WIFI coverage throughout.
- Fire alarm system installed with an Apollo interface unit, detectors and alarms.
- Nurse call system wired from nurse station for connections to the bedhead of each room.
- Toilet alarms within assisted WC's.
- Security system including intruder alarm and access control throughout the building.

**Contractor:** Capstone Construction

**Year :** 2025

